



CABINET FOR HEALTH AND FAMILY SERVICES
DEPARTMENT FOR COMMUNITY BASED SERVICES

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PROTECTION AND PERMANENCY INFORMATION MEMORANDUM 25-01

TO: Service Region Administrators
Service Region Administrator Associates
Service Region Clinical Associates
Regional Program Specialists
Family Services Office Supervisors

FROM: Kelli Root, Assistant Director II
Division of Protection and Permanency

DATE: February 18, 2025

SUBJECT: **Intercept and Flourish Services for Youth in Out-of-Home Care (OOHC)**

The purpose of this information memorandum is to provide guidance and information to staff and caregivers regarding services available to youth who are currently in out-of-home care (OOHC) or who were adopted from foster care in Kentucky. Intercept and Flourish are intensive in-home services that support caregivers' skills-building regarding behavioral health intervention and placement stabilization.

Flourish is an intensive in-home program that uses a combination of in-person and virtual services to help stabilize youth in the home. Flourish typically works with youth age twelve (12) and older, but they will consider exceptions to serve youth as young as ten (10) years old, depending on the individual youth's stage of development. Flourish assigns each family a care team that consists of a child psychiatrist (virtual), a licensed therapist (most likely virtual), a parent guide, and a child guide (in-person and virtual). Each member will receive a Fitbit device to track biometric markers. Flourish services can last up to a year. Flourish is a Medicaid-billable service, and as such, its use should be prioritized for youth placed in DCBS foster or adoptive homes or youth in DCBS custody placed with a relative or fictive kin caregiver. This service is not available to youth placed in a private child-placing agency (PCP) home.

Eligibility: Aetna SKY is targeting adopted members for this program. However, members who are placed in a DCBS foster home or with relative/fictive kin who are at risk for placement disruption may be referred on a case-by-case basis.

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For referrals: Email Lauren Collignon (collignonl@aetna.com) and include the member's name, contact information for the caregiver, and a blurb about the youth and family's current circumstances that prompted the referral.

Intercept, a program through Youth Villages, is an intensive in-home program that is available to youth placed in DCBS and PCP foster homes. DCBS is prioritizing the use of Intercept with youth who are not eligible for Flourish: youth placed in PCP homes and youth ages ten (10) and under. Intercept provides prevention, reunification, and foster care stabilization services. Services include caregiver skills-building, behavioral health intervention and modification, and crisis intervention. Intercept is designed to meet the needs of both caregivers and youth including service coordination, education, job, and financial support while building on natural supports already available to the family. Each family is assigned a specialist who receives clinical support from a licensed clinician. Intercept meets with families three times a week; services typically last four (4) to nine (9) months. Intercept services are available to youth from birth to age eighteen (18). Intercept is currently available in all service regions except Eastern Mountain; each region has limited spots for Intercept foster care stabilization services.

For referrals: Please prepare the family for outreach from the service provider and ensure they are aware of the intensity and duration of services. Follow regional processes to send the OOHC Intercept referral form to your regional prevention services gatekeeper.

If you have questions regarding this memorandum, please contact:

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